

Guidance and Advisory Seminar

Changing the way you work...forever!

Occuhealth Ltd. provides a Guidance and Advisory seminar (1-2 hours) to companies and organisations who are interested in information regarding Occupational health and Health & safety issues. The seminar is geared at small and medium sized companies looking to understand the benefits of educating and training their employees in ergonomics, manual handling and other areas in Occupational health.

Objectives

Organisations and employees will benefit from an increased awareness of the following;

- What to look for in Occupational health?
- Services provided in Occupational health?
- The benefit of educating employers and employees in Health and safety issues?
- Ergonomics training and information, dealing with VDU and workstation
- How to avoid Repetitive strain injuries?
- Pregnant Employees

Further Guidance/Advice Index

- Absence/Future Absence, sickness absence
- Display Screen Equipment/Eye Tests
- First Aid
- Health Assessments
- Health Issues
- Display Screen Equipment/Eye Tests
- Health Assessments Night Workers , Outdoor Workers
- Alcohol and Drug Abuse
- Immunisation
- Noise
- Travel
- Work Related Health Problems



Occuhealth Ltd. is delighted to discuss, in confidence, any concerns about your health and your workplace. We are concerned with the effects of work on health, and health on work.

Occuhealth Ltd

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