

Workplace Health Management and Sick Building Syndrome

Changing the way you work...forever!

Sick Building Syndrome (SBS) is used to describe situations in which building occupants experience acute health and comfort effect that appear to be linked to time spent in a building – but no specific illness or cause can be identified. SBS is a combination of ailments associated with an individual's place of work. Occuhealth Ltd. aims to provide a solution to Sick Building Syndrome.

Causes of Sick Building Syndrome

The contributing factors often relate to the design of the built environment, and may include combinations of some or all of the following:

- Indoor air pollution
- Toxic mold and Artificial fragrance, such as dryer sheets
- Poor or inappropriate lighting (including absence of or only limited access to natural sunlight)
- Poor heating or ventilation, Microbial or mite contamination of HVAC systems.
- Bad acoustics
- Poorly designed furnishings, furniture and equipment (e.g. computer monitors, photocopiers, etc.).
- Poor ergonomics and Chemical or Biological contamination.



The result of Sick Building Syndrome

To the employer of a "sick building", the symptoms may include high levels of employee sickness or absenteeism, lower productivity, low job satisfaction and high employee turnover. Experience teaches us that an early response to "sick building" symptoms will go a long way to rectifying the problem.

What can Occuhealth Ltd. do? Building investigation to identify and solve indoor air quality complaints, and indoor air quality investigation

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